

2024 HKSI Sport Psychology Conference
“Psychological Challenge for the Paris Olympics”
6 March 2024 (Wednesday)
Hong Kong Sports Institute

Programme (as of 1 February 2024)

Emcee: Mr. Michael Kong

Moderator: Dr. Henry Li, Mr. Niu Pengcheng

Session 1: 6 March 2024 (Wednesday) 9:00 – 13:15	
08:30 - 09:00 (30 minutes)	Registration
09:00 – 09:15 (15 minutes)	Opening Ceremony
09:15 – 10:15 (60 minutes)	Presentation 1 (Keynote) (<i>Medium of Language: Mandarin</i>) Ms. Bi Xiaoting (China), Person in charge of the Jiangsu Institute of Sports Science Sports Psychology Department/ Sports Psychology Laboratory Science “Mental training in Team China: Practice and reflections of a frontliner in team”
10:15 – 10:30 (15 minutes)	Q & A
10:30 – 11:00 (30 minutes)	Tea Break
11:00 – 12:00 (60 minutes)	Practical Workshop 1 (Keynote) (<i>Medium of Language: Mandarin</i>) Ms. Bi Xiaoting (China), Person in charge, Jiangsu Institute of Sports Science Sports Psychology Department/ Sports Psychology Laboratory “How to enhance the specialization and personalization of sports psychology services”
12:00 – 13:00 (60 minutes)	Presentation 2 (<i>Medium of Language: Mandarin</i>) Dr. Chen Meichi, Sport Psychologist of the Hong Kong Sports Institute “Growth from Adversity: Mental training model developed through working with elite Taiwanese athletes”
13:00 – 13:15 (15 minutes)	Q & A
13:15 – 14:45 (90 mins)	Lunch
Session 2: 6 March 2024 (Wednesday) 14:45 – 17:45	
14:45 – 15:45 (60 minutes)	Presentation 3 (Keynote) (<i>Medium of Language: English</i>) Prof. Chung Yong-chul (Korea), Professor of the Sogang University “The present and future of Korean Sport Psychology”
15:45 – 16:00 (15 minutes)	Q & A
16:00 – 16:30 (30 minutes)	Tea Break
16:30 – 17:30 (60 minutes)	Practical Workshop 2 (Keynote) (<i>Medium of Language: English</i>) Prof. Chung Yong-chul (Korea), Professor, Sogang University “Soaring with a mental coach: 5-year Journey with a professional ice hockey team”
17:30 – 17:45 (15 minutes)	Q & A
17:45	End of Conference

Co-organisers:

